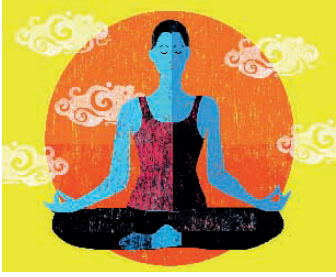


Social media etiquette, yoga part of UGC 'life skills' syllabus

The curriculum for under-graduate courses also includes lessons on how to do a Google search, write a resume



Pranayama is part of curriculum

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Ethics and etiquettes of social media, how to use Google search better, yoga and pranayama and resume writing are part of the 'life skills' curriculum developed by the University Grants Commission (UGC).

The commission had recently launched 'Jeevan Kaushal', a life skills programme in the curriculum for under-graduate courses across the country. The programme, which carries eight credit points, can be accom-

modated in any semester and is aimed at inculcating emotional and intellectual competencies in students and develop verbal and non-verbal communication skills.

"Today when we talk about writing skills and communication skills, we cannot ignore writing on social media. The social media websites are a good medium to connect but students must know the advantages and disadvantages.

"There have to be some ethics and

etiquettes of social media and the curriculum will teach them the same. There is also a module on how to use Google search better," a senior UGC official said.

Personal skills like empathising and trusting colleagues for improving interpersonal relations, projecting a good personal image to have a positive impact on one's career, networking and negotiation skills besides personal and professional moral codes of conduct are part of the curriculum. **PTI**