

# CBCS SCHEME

20MBAHR402

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## Fourth Semester MBA Degree Examination, June/July 2024 Personal Growth and Interpersonal Effectiveness

Time: 3 hrs.

Max. Marks: 100

**Note: 1. Answer any FOUR full questions from Q1 to Q7.  
2. Question No. 8 is compulsory.**

- 1 a. What is Personal Growth? (03 Marks)  
b. Explain the factors of Self Source Development. (07 Marks)  
c. Explain the concept of Ego states as propagated by Sigmund Freud with suitable examples. (10 Marks)
- 2 a. Mention the difference between Roles and Positions. (03 Marks)  
b. Explain the different concepts of Roles. (07 Marks)  
c. Explain how Johari window is used as an effective tool of interpersonal relations. (10 Marks)
- 3 a. What is Creativity? (03 Marks)  
b. Explain the determinants of Personality. (07 Marks)  
c. Explain how PF 16 enables individuals to assess himself/herself. (10 Marks)
- 4 a. Differentiate between convergent and Divergent thinking. (03 Marks)  
b. Explain the domains of emotional intelligence. (07 Marks)  
c. Explain how creativity of an individual can be enhanced as well as blocked. (10 Marks)
- 5 a. Mention any size characterizers of an emotionally intelligent organization. (03 Marks)  
b. Explain the significance of size thinking hats in decision making. (07 Marks)  
c. Explain different time management tracks which makes an individual not to attain deadlines. (10 Marks)
- 6 a. Differentiate between internal and external locus of control. (03 Marks)  
b. Explain the principles of Personal effectiveness. (07 Marks)  
c. Explain how seven habits of highly effective people, can change the success rate of individual and organization. (10 Marks)
- 7 a. Differentiate between Terminal and Instrumental values. (03 Marks)  
b. Explain how conflicts could be resolved in an organization. (07 Marks)  
c. Explain different types of transactions with suitable illustrations. (10 Marks)

## 8 CASE STUDY [Compulsory]

After having studied the subject "Personal Growth and Interpersonal Effectiveness", analysis how the subject has helped you to become a successful individual on the following aspects.

- a. Self Confidence.
- b. Self Awareness
- c. Emotional Management
- d. Time Management

(05 Marks)

(05 Marks)

(05 Marks)

(05 Marks)

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