

Internal Assessment Test 1 – March, 2025

Sub:	Universal Human Values					Sub Code:	BUHK408		
Date:	25/03/2025	Duration:	60 mins	Max Marks:	50	Sem / Sec:	IV / ALL BRANCHES	OBE	

All 25 Questions are Compulsory

Marks: 2 X 25

CO RBT

Q1	What are the basic human aspirations? A) Happiness in continuity and Prosperity B) Happiness and Respect C) Prosperity and Health D) Prosperity and Peace.	CO1 CO2	L1
Q2	What is self-exploration? A) A process of dialogue between what you are and what you really want to be B) A process of self-evolution through self-investigation C) A process of knowing oneself D) All of the above.		
Q3	What does prosperity mean? A) Feeling of having more than the required physical facilities B) Feeling of having fewer physical facilities C) Feeling of having more physical facilities than my friend D) Being deprived of physical facilities		
Q4	How can the needs of the body be fulfilled? A) Physio-chemical things B) Right understanding C) Right feeling D) Happiness		
Q5	What are the characteristics of natural acceptance? A) Natural acceptance does not change with time and place B) It does not depend on the place or our beliefs C) It is constant and the same for all of us D) All of the above		
Q6	A human being is the co-existence of A) Body and Mind B) Self and Society C) Self and body D) Mind and Emotions.		
Q7	Which of the following is NOT a requirement for fulfilling human aspirations? A) Right understanding B) Wealth accumulation C) Harmonious relationships D) Physical facilities.		
Q8	What is essential for harmony in the family? A) Respect and trust B) Strict discipline C) Financial dependence D) Authority over others.		
Q9	What is the key factor for a harmonious relationship? A) Mutual fulfillment B) Financial dependency C) Dominance D) Social approval.		
Q10	The current scenario of happiness and prosperity is often influenced by A) Materialistic desires B) Right understanding C) Harmonious relationships D) Internal peace.		
Q11	What is the right method to fulfill human aspirations? A) Exploitation of nature B) Balance between right understanding, relationships, and physical facilities C) Only acquiring wealth D) None of the above.		
Q12	Which of the following is an indicator of harmony within oneself? A) Clarity in thoughts and emotions B) Confusion in decision-making C) Dependence on external factors for happiness D) Constant stress.		
Q13	How can we ensure both happiness and prosperity? A) By Fulfilling Both Self and Body Needs Appropriately B) By Earning a Lot of Money C) By Living in Isolation D) By Focusing Only on Physical Facilities.		
Q14	What is the role of the Body? A) It Serves as an Instrument of the Self B) It Controls the Self C) It Determines Human Conduct D) It Functions Independently of the Self.		
Q15	Self-regulation means A) Controlling others B) Managing one's own thoughts, emotions, and actions C) Avoiding relationships D) None of the above.		
Q16	The role of education is to A) Create competition B) Enable an individual to live a fulfilling life C) Focus only on technical knowledge D) Promote consumerism.		
Q17	What is the fundamental difference between the needs of the Self and the Body? A) The Self needs physical facilities, while the Body needs feelings B) The Self needs continuous happiness, while the Body needs temporary physical facilities C) Both Self and Body need the same things D) The Body does not have any needs.		
Q18	What is the nature of the activities of the Self? A) Discontinuous B) Temporary C) Continuous D) Physical		
Q19	Which of the following statements is TRUE about the Self? A) The Self is a material entity B) The Self does not need any fulfillment C) The Self is the center of thoughts, emotions, and consciousness D) The Self has physical needs.		
Q20	The needs of the Self are mostly A) Quantitative B) Qualitative C) Temporary D) Physical.		
Q21	How can we differentiate between the activities of the Self and the Body? A) Activities of the Self involve consciousness, while activities of the Body are physical processes B) Both Self and Body perform the same activities C) The Self only controls the Body and does not perform any activity D) The Body performs thinking and decision-making.		
Q22	Which of the following activities involve both the Self and the Body? A) Eating food while enjoying its taste B) Walking unconsciously C) Blinking of eyes D) Sweating in the heat.		
Q23	Which of the following activities is performed only by the Body and does not involve the Self? A) Feeling emotions B) Beating of the heart C) Analyzing a situation D) Making decisions.		
Q24	Which of the following is NOT a basic guideline for value education? A) It should be universally applicable B) It should be based on blind faith C) It should be rational and logical D) It should lead to harmony.		
Q25	Happiness is a state of harmony. At which levels should harmony be established to attain true happiness? A) Individual, family, society, and nature B) Wealth, power, fame, and status C) Mind, body, money, and success D) Work, relationships, entertainment, and travel.		

1. What are the basic human aspirations?
A) Happiness in continuity and Prosperity
2. What is self-exploration?
D) All of the above
3. What does prosperity mean?
A) Feeling of having more than the required physical facilities
4. How can the needs of the body be fulfilled?
A) Physio-chemical things
5. What are the characteristics of natural acceptance?
D) All of the above
6. A human being is the co-existence of
C) Self and body
7. Which of the following is NOT a requirement for fulfilling human aspirations?
B) Wealth accumulation
8. What is essential for harmony in the family?
A) Respect and trust
9. What is the key factor for a harmonious relationship?
A) Mutual fulfillment
10. The current scenario of happiness and prosperity is often influenced by
A) Materialistic desires
11. What is the right method to fulfill human aspirations?

B) Balance between right understanding, relationships, and physical facilities

12. Which of the following is an indicator of harmony within oneself?

A) Clarity in thoughts and emotions

13. How can we ensure both happiness and prosperity?

A) By Fulfilling Both Self and Body Needs Appropriately

14. What is the role of the Body?

A) It Serves as an Instrument of the Self

15. Self-regulation means

B) Managing one's own thoughts, emotions, and actions

16. The role of education is to

B) Enable an individual to live a fulfilling life

17. What is the fundamental difference between the needs of the Self and the Body?

B) The Self needs continuous happiness, while the Body needs temporary physical facilities

18. What is the nature of the activities of the Self?

C) Continuous

19. Which of the following statements is TRUE about the Self?

C) The Self is the center of thoughts, emotions, and consciousness

20. The needs of the Self are mostly

B) Qualitative

21. How can we differentiate between the activities of the Self and the Body?

A) Activities of the Self involve consciousness, while activities of the Body are physical processes

22. Which of the following activities involve both the Self and the Body?

A) Eating food while enjoying its taste

23. Which of the following activities is performed only by the Body and does not involve the Self?

B) Beating of the heart

24. Which of the following is NOT a basic guideline for value education?

B) It should be based on blind faith

25. Happiness is a state of harmony. At which levels should harmony be established to attain true happiness?

A) Individual, family, society, and nature